

Habits of Grace; *David Mathis*

Discussion Questions- Noted by Hollyn Bedford

Chapter 8: Pray in Secret

- 1. What are some changes you can make that would benefit your prayer life? (p. 99 – 100)**
- 2. Compare private and public prayer. Both are important, but why is private or “closet” prayer vital to your relationship with God? (p. 100)**
- 3. Why is your private prayer life the infallible test of your spiritual integrity? (p. 100)**
- 4. What would you say to someone who is interested in learning to pray, but feels it is useless because they are “too inadequate?” (p. 101)**
- 5. What are the five suggestions Mathis gives for secret prayer? (p. 103 – 105)**
- 6. What are some different habits and rhythms you have in your prayer life? (p. 103)**
- 7. Do you often treat prayer as a wish list? What are some ways the ACTS method of prayer can help in balancing desires with other parts of prayer? (p. 104 - 106)**

8. Prayer can exist in many forms, not just by talking out loud or thinking to yourself. What are some different ways you can “keep it fresh” in prayer? (p. 105)