

Battling Unbelief

Discussion Questions- Noted by Pastor Keith McMinn

Chapter 1: *Battling Anxiety*

- 1. Do you remember a time/season in your life whether the struggle of anxiety was a heavy weight or even crippling to your everyday life? Briefly describe what you remember about that season and how you walked through it.**
- 2. Define anxiety in your own words while considering Piper's explanation.**
- 3. What are some other sinful mindsets that can give way when you are anxious? (Piper, 24)**
- 4. What does Piper say is the root of anxiety? (Piper, 25)**
- 5. What was your reaction to Piper's illustration about cancer and unbelief? Was it helpful to you? (Piper, 26)**
- 6. How do we fight the fight of faith with "windshield wipers?" (Piper, 27-28)**
- 7. Describe one of the Promises and how the truth Piper mentions encourages you. (Piper, 29-32)**

8. Piper mentions many areas of anxiety and how to combat it. What are 1-2 areas that resonate/help/speak to you in your life with Christ? (Piper, 33-35)